

MENTE ARGENTINA COOKING PROGRAM IN BUENOS AIRES, ARGENTINA 2024

NOW ACCEPTING APPLICATIONS FOR THE COOKING PROGRAM 2024



Embark on a culinary journey and explore the heart of Buenos Aires as you delve into the flavors of Argentine cuisine. Our program is your gateway to discovering the rich traditions, techniques, and tastes that define this remarkable culinary culture. Our cooking courses are designed to give you an immersive experience that will go beyond the classroom, making it one of the most recognized cooking classes in Buenos Aires.

Discover the Art and Flavor of Argentine Cuisine with Our Immersive Cooking Classes. Whether you're a beginner or a seasoned professional, our program caters to all levels of expertise.

MENTE ARGENTINA COOKING PROGRAM IN BUENOS AIRES HIGHLIGHTS

- ✓ LEARN TO COOK OVER 15 TRADITIONAL ARGENTINE DISHES, INCLUDING EMPANADAS, MEAT OR GRILLED VEGETABLES (ASADO) AND LOCAL SALADS.
- ✓ DISCOVER THE RICH HISTORY AND CULTURE OF ARGENTINE CUISINE WITH OUR EXPERT INSTRUCTORS.
- ✓ ENJOY HANDS-ON COOKING CLASSES AND TASTE SOME OF THE BEST ARGENTINE DISHES AROUND.
- ✓ GET INDIVIDUALIZED ATTENTION IN SMALL CLASSES TAILORED TO YOUR NEEDS.
- ✓ LEARN FROM WELL-KNOWN AND EXPERIENCED ARGENTINE CHEFS.

LEARN MORE ABOUT THE MENTE ARGENTINA COOKING PROGRAM: QUICK LINKS

- [Cooking Program Overview](#)
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- [Cooking School in Buenos Aires](#)
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MENTE ARGENTINA COOKING PROGRAM OVERVIEW

Embark on a culinary journey through the heart of Buenos Aires and uncover the secrets of Argentine cuisine, renowned for its unique blend of European influences and native traditions. Argentine cuisine is a rich blend of flavors like barbecue, roast beef, milanesas, locro, empanadas, and the beloved dulce de leche.

Our Cooking Program aims to immerse you in the art of South American and Argentinean dishes, combining traditional recipes with modern techniques, presentation skills, and sophisticated flavor combinations. Whether you're a culinary enthusiast just starting or a seasoned chef, our program caters to all levels of expertise.

In our program, you'll master the preparation of South American delicacies, paying meticulous attention to the details that make this cuisine truly exceptional. From traditional classics to lighter dishes, from succulent red meat to mouthwatering cakes and desserts, you'll explore the full spectrum of Argentine culinary delights.

But it's not just about recipes and ingredients; it's about experiencing the culture and traditions that give Argentine cuisine its unique identity. Our Cooking Program at Mente Argentina is designed to offer a comprehensive and unforgettable learning experience.

MENTE ARGENTINA COOKING PROGRAM IN BUENOS AIRES INCLUDES

INTERNATIONAL CUISINE GROUP LESSONS: Group cooking lessons taught at one of the most recognized cooking schools in Buenos Aires, Argentina.

PRIVATE ARGENTINEAN COOKING LESSONS: Prefer to take your courses one-on-one? Ask us about experiencing the authentic Argentinean cooking environment with private lessons led by a well-known Argentinean chef. Dive into the world of traditional Argentinean meat dishes, prepared with gourmet finesse at your own rhythm.

MENTE ARGENTINA COOKING PROGRAM OPTIONS

- ✓ The Regular Cooking Program lasts 4 to 12 Weeks and classes are given 3 times a week.
- ✓ The Intensive Cooking Program lasts 2 Weeks and classes are given 4 times per week.

OUR PROGRAM FEE COVERS ALL OUR SERVICES INCLUDING CREATING A UNIQUE INTERNATIONAL COOKING PROGRAM, EXCLUSIVE ACCOMMODATION IN THE BEST AREAS OF BUENOS AIRES (BELGRANO, PALERMO, BARRIO NORTE OR RECOLETA), A WIDE RANGE OF FREE WEEKLY CULTURAL IMMERSION ACTIVITIES, AND PERSONAL ADVICE, SERVICES AND ASSISTANCE THROUGHOUT YOUR STAY.

COOKING SCHOOL IN BUENOS AIRES, ARGENTINA

Mente Argentina's Culinary Institute has been a pioneer in Latin-American regional cuisine education for over 15 years. Our instructors bring diverse and extensive experience, not only in traditional but also gourmet cuisine, ensuring a comprehensive culinary education. Immerse yourself in a 100% Argentinean cultural experience, sipping traditional mate, uncovering the rich history, and discovering the secrets of Argentine cooking.

Our private Argentinean cooking lessons are led by a seasoned Argentine cook with years of expertise in crafting classic dishes from various regions in Argentina. Held in an intimate kitchen setting, these classes offer a personalized touch, allowing recipes to be tailored to each participant's preferences.

Every class is a hands-on experience, and you'll have the opportunity to take home what you prepare, making your learning journey both educational and delicious. All classes are equipped with the freshest, highest-quality ingredients, as well as essential tools and resources for the course.

At the end of each class, you'll not only have learned valuable culinary skills, but you'll also get to take home what you cook, so you can share your delicious creations with friends and family.

MENTE ARGENTINA COOKING PROGRAM FEE

MENTE ARGENTINA COOKING PROGRAM FEE 2024

	Student Residence (Shared Room)	Shared Apartment (Single Room)	Homestay (Single Room)	Private Apartment (Single Apartment)
2 Weeks	USD 1.490	USD 1.590	USD 1.690	USD 1.890
4 Weeks	USD 2.090	USD 2.290	USD 2.390	USD 2.690
8 Weeks	USD 3.790	USD 4.090	USD 4.290	USD 4.890
12 Weeks	USD 5.490	USD 5.790	USD 6.090	USD 6.990
16 Weeks	USD 7.090	USD 7.490	USD 7.890	USD 9.090

OPTIONAL INTENSIVE SPANISH PROGRAM ADD-ON

Mente Argentina Cooking Program also offers an optional Intensive Spanish Course of 20 hours of Spanish immersion classes per week (Monday to Friday from 9am 1pm). This would be the occasion to refresh your memory and to prepare you with specific business & casual vocabulary as well as the most common Argentine expressions and words that you will need to interact in an Argentine business environment.

WHAT IS INCLUDED IN THE COOKING PROGRAM FEE?

MENTE ARGENTINA COOKING PROGRAM IN BUENOSAIRES – PROGRAM FEE DETAILS

- Cooking Program Full Tuition Cost
- All Cooking Program Materials
- Help and Assistance with visa requirements
- Official Cooking Program Certificate granted by Mente Argentina
- Exclusive Accommodation in the best areas of Buenos Aires: Palermo, Belgrano, Barrio Norte or Recoleta (all utilities and expenses included)
- Full access to Mente Argentina Tours & Activities
- Private Airport Pick Up & Private Airport Drop Off
- Welcome Orientation
- Mente Argentina Welcome Kit (calling card, insider's city guide, maps, and more)
- Health Club Membership: Free Gym membership included
- Free Cellular Phone
- Mente Argentina ISIC Global Discount Card
- Tango Lessons
- Conversation Language Exchange Partner
- Mente Argentina On-site assistance & Support Services 24/7

LEARN MORE ABOUT WHAT'S INCLUDED IN MENTE ARGENTINA PROGRAMS

- ✓ [MENTE ARGENTINA UNIQUE BENEFITS](#)
- ✓ [MENTE ARGENTINA WEEKLY TOURS AND ACTIVITIES](#)

HAVE A QUESTION?

IN CASE YOU NEED MORE INFORMATION PLEASE FEEL FREE TO CONTACT US [HERE](#) OR AT INFO@MENTEARGENTINA.COM

COOKING PROGRAM START DATES

MENTE ARGENTINA COOKING PROGRAM IN BUENOS AIRES – NEXT START DATES

At Mente Argentina, we believe in flexibility. Our Cooking Program in Buenos Aires commences every week, ensuring you can begin your cooking journey when it suits you best.

With adaptable schedules tailored to your availability, you're free to immerse yourself in the city, connect with fellow learners, and truly embrace the vibrant Argentine culture.

MENTE ARGENTINA COOKING PROGRAM IN BUENOS AIRES NEXT START DATES 2024

Month	Start Date	Start Date 2	Start Date 3	Start Date 4	Start Date 5
January 2024	January 1	January 8	January 15	January 22	January 29
February 2024	February 5	February 12	February 19	February 26	
March 2024	March 4	March 11	March 18	March 25	
April 2024	April 1	April 8	April 15	April 22	April 29
May 2024	May 6	May 13	May 20	May 27	
June 2024	June 3	June 10	June 17	June 24	
July 2024	July 1	July 8	July 15	July 22	July 29
August 2024	August 5	August 12	August 19	August 26	
September 2024	September 2	September 9	September 16	September 23	September 30
October 2024	October 7	October 14	October 21	October 28	
November 2024	November 4	November 11	November 18	November 25	
December 2024	December 2	December 9	December 16	December 23	December 30

COMBINE YOUR COOKING PROGRAM WITH SPANISH LESSONS!

Mente Argentina Cooking Program also offers an optional Intensive Spanish Course of 20 hours of Spanish immersion classes per week (Monday to Friday from 9am-1pm). This would be the occasion to refresh your memory and to prepare you with specific business & casual vocabulary as well as the most common Argentine expressions and words that you will need to interact in Argentina.

Lessons take 4 hours per day and are delivered from Monday to Friday through the Mente Argentina Intensive Spanish Program in reduced groups of up to 8 students. These group classes can be combined with individual lessons so that you can reinforce your weaknesses and we can answer your inquiries in a one on one meeting.

Spanish School's teachers are highly qualified and have a vast experience in teaching Spanish as a second language. Therefore, the classes will be interactive and above all enjoyable!

The classes can be attended both in the morning and the afternoon, so they will not overlap with the activities of your program.

- ✓ Weekly Spanish Course Fee Add-on (Monday to Friday – 20 hours per Week): USD 195
- ✓ 4 Weeks Spanish Course Fee Add-on (Monday to Friday – 20 hours per Week): USD 780
- ✓ 10 Hours Pack of Private Spanish Lessons: USD 280

...OR WITH ANY OTHER MENTE ARGENTINA PROGRAM

Mente Argentina offers you the possibility to combine your Cooking Program with another Mente Argentina Program (OPTIONAL).

We offer big discounts for those participants who would like to take 2 or more Mente Argentina Programs simultaneously or back to back. If this sounds like something you would like to do, please contact us so we can quote your full program.

- [EXPLORE MENTE ARGENTINA PROGRAMS](#)

READY TO APPLY?

AS A FIRST STEP, PLEASE CREATE AN ACCOUNT AND COMPLETE YOUR APPLICATION [HERE](#).

AS SOON AS YOU CREATE AN APPLICATION, YOU WILL BE ASSIGNED A PROGRAM ADVISOR WHO WILL GET BACK TO YOU TO HELP YOU FINALIZE YOUR ENROLLMENT.