



www.MenteArgentina.com

MENTE ARGENTINA

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Program Duration: 2 - 4 - 8 Weeks	Location: Buenos Aires, Argentina
Program Start Date: Every Monday	Program Cost: Please see below
Classes Meet: 3 / 4 Times per Week	Levels: Beginner to Advanced
Class Length: 2.5 Hours per class	Language of Instruction: Spanish – English
Combine this program with Intensive Spanish Lessons or with another Mente Argentina Program	

COOKING PROGRAM HIGHLIGHTS

- Learning to prepare more than 15 different individual dishes
- Learning the intricate and rich history of Argentine cooking
- Cooking and tasting some of the best classic Argentine dishes as well as other international plates
- Individual classes (as well as the group sessions) tailored to your personal needs
- The guidance of well-known and experienced Argentine chefs as your professors

MENTE ARGENTINA COOKING PROGRAM IN BUENOS AIRES, ARGENTINA



The Argentine cuisine differs from the rest of Latin America cuisine mainly because of its European origins. With Italian and Spanish cuisine as its guides, and the addition of native traditions, Argentine cuisine stands out mainly because of its barbecue, roast beef, empanadas, and world famous dulce de leche.

The goal of the cooking program is to teach students typical South American & Argentinean dishes with modern preparation, presentation techniques, and sophisticated flavor combinations.

Cooking Courses have been designed for both beginners and professionals who wish to expand their knowledge of our cuisine and explore their interests in Argentine cooking techniques and flavors. In this program you will learn how to prepare South American dishes with attention to all of the details that make this cuisine unique. You will learn everything from the classics to lighter dishes, red meat, cakes and desserts.

The Mente Argentina Cooking program combines various teaching techniques, both within and outside of the traditional classroom, guaranteeing a holistic and unforgettable experience.

MENTE ARGENTINA COOKING PROGRAM IN BUENOS AIRES INCLUDES:

- **International Cuisine Group Lessons:** Group cooking lessons taught at one of the most recognized cooking schools in Buenos Aires, Argentina.
- **Private Argentinean Cooking Lessons:** You will be experiencing a real Argentinean cooking environment, learning some typical dishes from Argentina, for an incredible and different experience that cannot be taught at a conventional school. These private lessons are taught with a well known Argentinean chef, where you will learn how to prepare typical Argentinean meat dishes in gourmet style.

MENTE ARGENTINA COOKING PROGRAM OPTIONS

- **The Regular Cooking Program lasts 4 or 8 Weeks and classes are given 3 times a week.**
- **The Intensive Cooking Program lasts 2 Weeks and classes are given 4 times per week.**

MENTE ARGENTINA COOKING PROGRAM: MA COOKING SCHOOL



Mente Argentina's Cooking School has been offering courses in Latin-American regional cuisine for more than 15 years. The professors have diverse and extensive experience teaching not only traditional but also gourmet cuisine. Students will have the opportunity to learn a range of exciting, new cuisine concepts.

Our private Argentine cooking lessons are given by an Argentine cook with more than 30 years of experience cooking classic dishes from various regions in Argentina. These classes are held in her kitchen, and because of the personal and intimate style of the class, the recipes can be adjusted to the desires of each participant. The class environment fosters an 100% Argentinean culture, drinking the traditional mate, learning the rich history and the secrets of Argentine cooking.

All the classes will provide you with the freshest and highest quality ingredients as well as all the necessary tools and resources for the course. At the end of each class you will be able to taste the dishes, sometimes with a wine pairing

MENTE ARGENTINA COOKING PROGRAM FEE 2012

	Student Residence	Shared Apartment	Homestay	Private Apartment
2 Weeks	USD 1.250	USD 1.390	USD 1.490	USD 1.790
4 Weeks	USD 1.590	USD 1.790	USD 1.890	USD 2.190
8 Weeks	USD 2.790	USD 3.190	USD 3.390	USD 3.950

*Please feel free to ask us about special discounts for groups or longer stays

WHAT IS INCLUDED IN THE MENTE ARGENTINA COOKING PROGRAM?

- Cooking Program Full Tuition Fees.
- All Cooking Course Materials.
- Certificate of Cooking Program granted by Mente Argentina
- Exclusive Accommodation in the the best areas of Buenos Aires: Palermo, Belgrano, Barrio Norte or Recoleta
- Full access to Mente Argentina Tours & Activities
- Airport Pick Up
- Airport Drop Off
- Welcome Orientation
- Mente Argentina Welcome Kit (calling card, insider's city guide, maps, and more)
- Health Club Membership: Free Gym membership included
- Free Cellular Phone
- Mente Argentina Discount Card
- Tango Lessons
- Conversation Exchange Partner
- Mente Argentina On-site assistance & Support Services 24/7

LEARN MORE ABOUT WHAT'S INCLUDED IN MENTE ARGENTINA PROGRAMS:

- ✓ <http://www.menteargentina.com/mente-argentina-services.html>

LEARN MORE ABOUT THE TOURS & ACTIVITIES INCLUDED IN THE PROGRAM FEE:

- ✓ <http://www.menteargentina.com/tours-activities-buenos-aires.html>
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COOKING PROGRAM 2011/2012 START DATES

The Mente Argentina Cooking program starts every week and has a flexible schedule that can be adapted to participants' availability.

Program Start Dates 2011

	Start Date 1	Start Date 2	Start Date 3	Start Date 4	Start Date 5
October	October 3	October 10	October 17	October 24	October 31
November	November 7	November 14	November 21	November 28	-
December	December 5	December 10	December 17	December 24	-

Program Start Dates 2012

	Start Date 1	Start Date 2	Start Date 3	Start Date 4	Start Date 5
January	January 2	January 9	January 16	January 23	January 30
February	February 6	February 13	February 20	February 27	-
March	March 5	March 12	March 19	March 26	-
April	April 2	April 9	April 16	April 23	April 30
May	May 7	May 14	May 21	May 28	-
June	June 4	June 11	June 18	June 25	-
July	July 2	July 9	July 16	July 23	July 30
August	August 6	August 13	August 20	August 27	-
September	September 3	September 10	September 17	September 24	-
October	October 1	October 8	October 15	October 22	October 29
November	November 5	November 12	November 19	November 26	-
December	December 3	December 10	December 17	December 24	-

DO YOU WANT TO LEARN OR IMPROVE YOUR SPANISH? (OPTIONAL)

Mente Argentina offers you the possibility to combine your program with Spanish lessons. In this way, you will be able to learn or improve your Spanish while enjoying a unique experience in Buenos Aires.

Lessons take 4 hours and are delivered from Monday to Friday **at the MA Spanish School** in reduced groups of up to 8 students. These group classes can be combined with individual lessons so that you can reinforce your weaknesses and we can answer your inquiries in a one on one meeting.

Spanish School's teachers are highly qualified and have a vast experience in teaching Spanish as a second language. Therefore, the classes will be interactive and above all enjoyable!

The classes can be attended both in the morning and the afternoon, so they will not overlap with the activities of your program.

- ✓ **Weekly Spanish Course Fee (Monday to Friday – 20 hours per Week): USD 180**
- ✓ **4 Weeks Spanish Course Fee (Monday to Friday – 20 hours per Week): USD 690**

COMBINE YOUR PROGRAM WITH ANOTHER PROGRAM! (OPTIONAL)

Mente Argentina offers you the possibility to combine your program with another Mente Argentina Program.

We offer big discounts for those participants who would like to take 2 or more Mente Argentina Programs simultaneously or back to back. If this sounds like something you would like to do, please contact us so we can quote your full program.

- ✓ **Explore Mente Argentina Programs**



*In case you need more information please feel free to
contact us at info@menteargentina.com*
