

- ✓ [You can combine this program with Spanish lessons! \(optional\)](#)



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Intensive Program: 2 weeks

Regular program: 4 weeks

Did you know?



Since there are more than 10 top ski centers in the country, Argentina is considered the perfect destination chosen by European and American Ski and Snowboard National Teams to train during the Winter season in Argentina.

The country has centers of more than 4300m high such as Las Leñas, and other centers in Ushuaia, the most southern city in the world. All the ski centers that work jointly with Mente Argentina have an exciting night life as well as breathtaking landscapes.

If you are keen on enjoying one of the most extraordinary and exclusive winter sports and learning with the top Riders in the best ski centers of the world, don't hesitate to join the Ski and Snowboard Clinic we are offering!

What does Mente Argentina offer?

The clinic offered by Mente Argentina covers the 3 parts we consider essential for a complete Ski & Snowboard program

Professional Training:

Mente Argentina offers a personalized training program with permanent assistance by the assigned instructor.

The training will include both techniques and permanent practice.

You will have the chance to be recorded during your practice so that at the end of your trip you can see your improvement throughout the training. Besides, you will make fun of yourself and you will keep a nice souvenir of the trip as well.

Snow Tour:

Mente Argentina will take you to visit the Cerro Catedral Alta Patagonia Ski Center and together with a guide you will take part in a mountain expedition where you will see the different ski slopes, the difficulties they have, the different means of elevation and the history of the mountain.

At this stage you will plan the training program for the next days with a Professional Rider.

City Tour in the chosen city + City Tour around Buenos Aires:

Mente Argentina offers certain activities which will allow you to make the most of your stay in Buenos Aires and the Ski Center. Below you will find a detailed list of the activities we consider you can't miss during your stay!

Information regarding the Sky & Snowboard clinic of Mente Argentina

The beautiful landscapes as well as the excellent infrastructure of the ski centers have inspired Mente Argentina to design a program which offers the possibility to visit these centers and the city of Buenos Aires in one shot.

The program consists of a personalized clinic for those who wish to ski or snowboard for the first time in a Premium Center and at the same time visit the City of Buenos Aires.

Therefore, the program will take place in 2 cities: Buenos Aires and Bariloche (Cerro Catedral Alta Patagonia Ski Center)

There are 2 alternatives for those who wish to participate in this clinic:

- **Ski & Snowboard intensive Clinic which lasts 2 weeks.**
(1 week at the Ski Center and 1 week in Buenos Aires)
- **Ski & Snowboard Regular Clinic which lasts 4 weeks.**
(2 weeks at the Ski Center and 2 weeks in Buenos Aires)

What is included in the program?

- Certificate of the Ski & Snowboard Clinic granted by Mente Argentina
- Access to the mountain facilities and ski slopes
- Air return tickets from Buenos Aires to the Ski Center.
- Complete outfits (Snowboard and/or Skies, Boots, Gloves, Goggles)
- Welcome guidance
- Accommodation
- Airport Pick up and Drop off
- Cell Phone (\$50 deposit)
- See Tours/Activities included in the program
- Conversation Partner
- Tango lessons
- Free pass to a renowned Fitness Center
- Mente Argentina card (coming soon)
- Assistance 24/7

Special offers for 2011-2012 applicants:

The program includes a DVD which will show your ski performance in the slope and the Snow Park.

Please click in the following link for detailed information about what `s included:

<http://www.menteargentina.com/ingles/incluido.html>

Please click in the following link for detailed information about activities & Tours included in the program price: <http://www.menteargentina.com/ingles/excursiones.html>

Ski & Snowboard Program Price - 2011-2012

	Student Residence	Homestay	Shared Apartment	Private Apartment
2 weeks	**	**	**	**
4 weeks	**	**	**	**

*Please feel free to ask us about special discounts for groups or longer stays.
 ** Consult us for up to date fees.

Ski & Snowboard Program 2012 Season Dates

- **Starts:** June 23rd 2012
- **Ends:** September 30th 2012

Do you want to learn or improve your Spanish? (Optional)

Mente Argentina offers you the possibility to combine your program with Spanish lessons. In this way, you will be able to learn or improve your Spanish while enjoying a unique experience in Buenos Aires.

Lessons take 4 hours and are delivered from Monday to Friday **at the MA Spanish School** in reduced groups of up to 8 students. These group classes will be combined with individual lessons so that you can reinforce your weaknesses and we can answer your inquiries in a one on one meeting.

Spanish School's teachers are highly qualified and have a vast experience in teaching Spanish as a second language. Therefore, the classes will be interactive and above all enjoyable!

The classes can be attended both in the morning and the afternoon, so they will not overlap with the activities of your program.

- **Spanish Course Price: USD 160**



*If you need more information please feel free to contact us
at info@menteargentina.com*
