

- ✓ [You can combine this program with Spanish lessons! \(optional\)](#)



www.MenteArgentina.com

Mente Argentina Guardia Vieja 3346 4th 'F'

 Tel.ARG (54.11). 3968.7861 (54.911).5936.3553

 Tel.USA (858). 926.5510

Email: info@menteArgentina.com // www.MenteArgentina.com



Intensive Program: 2 weeks

Regular program: 4 weeks

Did you know?

Argentina has a long history in football, including 2 World Cups and several Cups of America. It is also known for being the birthplace of great football players (Brazil is another) and for being the country that has the most football players performing in Europe.



Maradona, Messi and Tevez have been some of the most representative players of the country so far, and there are more new

hopes at international level.

Argentina is definitely the best destination where you can improve your football skills!

What does Mente Argentina offer?

The clinic offered by Mente Argentina includes the 4 parts we consider essential for a complete football clinic.

Professional Training:

Mente Argentina offers you a personalized training program by providing permanent contact with sports experts, coaches, physical trainers, nutritionists and physical therapists.

The training will cover techniques and strategies, and has been designed to help you improve both your physical and technical skills.

The program will cover (as regards individual and collective techniques) the following variants focusing on those areas that you wish to improve.

Individual Techniques:

- Leading and kicking
- Passing and catching from different positions.
- Leading and kicking at the goal
- Headers with both parietals.
- Tackles, removals, feints (different fixed moves will be practiced)
- Specific exercises according to the position of the player.
- Throw ins, corner kicks, free kicks, penalty kicks.

Collective Techniques:

- Exercises in reduced spaces (8x4m – 5x2m – 4x2m)
- Air moves both in defense and attack
- Attack to last line defenders
- Balance between defense and attack lines
- Several moves in reduced spaces.
- Informal football

Football Tour:

Mente Argentina will make you enjoy the best games from local and international championships which will be held during your stay (See the Fixture)

Such tours will include transfers by bus and privileged seats at the stadium. All this will allow you to enjoy the Argentine football fully.

A guide of Mente Argentina will be always with you to assist you at anytime. Once the game is over we will drop you off at your hotel or apartment.

Tours around different Stadiums in Buenos Aires:

You will visit the main Argentine Stadiums and you will have access to the stands (stalls, preference seats), the pitch, the press room and the changing rooms!

The program also includes a visit to the Museum of Boca Juniors.

River Plate Stadium:

A guide specialized in Argentine football will go with you to visit the stadium that was the venue for the 1978 World Cup.

Currently it is the local stadium of the Argentine National Team and the stadium where River Plate plays home games.

River Plate, having achieved 32 local championships and gained international prestige after winning the Libertadores Cup of America twice, the Intercontinental Cup once and the Interamerican Cup once, is currently the top champion of the Argentine Football League.

Boca Juniors Stadium:

You will also have the chance to visit the legendary stadium known as La Bombonera, home of Boca Juniors team and which has Diego Maradona as its main symbol.

Boca Juniors has become champion of the local league in 22 opportunities and internationally speaking, it has won the Libertadores Cup of America 5 times, the Intercontinental Cup 3 times, the South American Cup twice and the South American Recup 3 times. Boca Juniors is currently the team which has obtained more international cups in the country.

City Tour:

Mente Argentina offers as part of the program several activities which will allow you to take the most of your stay in Buenos Aires. Below you will find a detailed list of the activities we consider you can't miss during your stay!

Information regarding the Soccer Clinic of Mente Argentina

The soccer clinic of Mente Argentina has been designed for amateurs or professionals and has the following characteristics:



- Individual clinic (from 9 to 25 years of age)
- Programs for schools and groups.
- Programs for teams.

It is an intensive program which offers both cultural and touristic activities and above all lots of football practice.

There are 2 alternatives for those who wish to participate in the football clinic of Mente Argentina

- **Regular Football Clinic which lasts 4 weeks**
- **Intensive Football Clinic which lasts 2 weeks**

The soccer clinic includes training given by outstanding professionals in professional pitches, unofficial games with Argentine professional teams, and visits to the stadiums of River Plate and Boca Juniors (plus access to changing rooms, press rooms and pitches)

As part of the program you will also have the chance to attend, as a visitor of Mente Argentina, premier league official games at privileged seats.

Apart from all these football activities, there are other activities offered concerning Argentine life such as visiting the city, meeting its people, and knowing the Argentine cuisine, the culture and night life. See the list of activities included.

What is included in the program?


- Certificate of the soccer clinic granted by Mente Argentina
- Visits to the stadiums of Boca Juniors and River Plate
- Transfers and access to a premier league football game every week.
- Welcome guidance
- Accommodation
- Airport Pick up y Drop off
- Cell Phone (\$50 deposit)
- See Tours/Activities included in the program
- Conversation Partner
- Tango lessons
- Free pass to a renowned Fitness Center
- Mente Argentina card
- Assistance 24/7

Please click in the following link for detailed information about what `s included:

<http://www.menteArgentina.com/ingles/incluido.html>

Please click in the following link for detailed information about activities & Tours included in the program price: <http://www.menteArgentina.com/ingles/excursiones.html>

Soccer Clinic Price - 2011-2012

	Soccer Player's Residence
2 weeks	USD 1.690
4 weeks	USD 2.190
*Please feel free to ask us about special discounts for groups or longer stays	

Soccer Clinic 2011-2012 Start Dates

Program Start Dates 2011:

Month	Start Date 1	Start Date 2	Start Date 3	Start Date 4	Start Date 5
October	Oct 3rd	Oct 10th	Oct 17th	Oct 24th	Oct 31st
November	Nov 7th	Nov 14th	Nov 21st	Nov 28th	-
December	Dec 5th	Dec 10th	Dec 17th	-	-

Program Start Dates 2012:

Month	Start Date 1	Start Date 2	Start Date 3	Start Date 4	Start Date 5
January	Jan 2nd	Jan 9th	Jan 16th	Jan 23rd	Jan 30th
February	Feb 6th	Feb 13th	Feb 20th	Feb 27th	-
March	Mar 5th	Mar 12th	Mar 19th	Mar 26th	-
April	Apr 2nd	Apr 9th	Apr 16th	Apr 23rd	Apr 30th
May	May 7th	May 14th	May 21st	May 28th	-
June	Jun 4th	Jun 11th	Jun 18th	Jun 25th	-
July	Jul 2nd	Jul 9th	Jul 16th	Jul 23rd	Jul 30th
August	Aug 6th	Aug 13th	Aug 20th	Aug 27th	-
September	Sep 3rd	Sep 10th	Sep 17th	Sep 24th	-
October	Oct 1st	Oct 8th	Oct 15th	Oct 22nd	Oct 29th
November	Nov 5th	Nov 12th	Nov 19th	Nov 26th	-
December	Dec 3rd	Dec 10th	Dec 17th	-	-

Do you want to learn or improve your Spanish? (Optional)

Mente Argentina offers you the possibility to combine your program with Spanish lessons. In this way, you will be able to learn or improve your Spanish while enjoying a unique experience in Buenos Aires.

Lessons take 4 hours and are delivered from Monday to Friday **at the MA Spanish School** in reduced groups of up to 8 students. These group classes will be combined with individual lessons so that you can reinforce your weaknesses and we can answer your inquiries in a one on one meeting.

Spanish School's teachers are highly qualified and have a vast experience in teaching Spanish as a second language. Therefore, the classes will be interactive and above all enjoyable!

The classes can be attended both in the morning and the afternoon, so they will not overlap with the activities of your program.

- **Spanish Course Price: USD 160**



*If you need more information please feel free to contact us
at info@menteArgentina.com*
